

NIFTY FIFTIES PLUS QUARTERLY NEWSLETTER

April 13, 2010

Many things have been happening in the first three months of this year in addition to the large quantity of snow and cold. Hopefully we have turned the corner and this glorious spring weather will continue as our groups' outdoor activities start up. Some of our members are reporting the following events of recent or near future interest. **Katherine and Frank Trent** have a new granddaughter (Erin Olivia Hunt) born March 16 and Katherine is enjoying another reason to shop. Frank is thinking he will have to return to work. **Joanne Barreca and Vic Bouril** were in Barbados avoiding some of February's snow. **Kathy and Jim Dodge** are off to New Orleans for the music festival. **Lacy and Susan Gray** are at Disney acting like ATM machines with their grandchildren this week. **Jean and Billy Sinclair** have returned from Ireland (Home) after spending time helping Jean's mother during a time of illness. Mom did quite well and is continuing to improve. Betsy and I will be headed to Mexico in a few weeks to attend our oldest daughter's wedding.

Your board would like to report that things are moving along smoothly and we look forward to hearing from you if you have any recommendations or suggestions concerning your Nifty Fifties. We are here to serve you, so please contact any one of us.

Please welcome new members Don and Joy Kinniburgh
8125 Burray Court
717-2271

News will be out shortly for our **SPRING FLING**, a picnic and concert at Pocahontas State Park on May 15. This function is for all members and is being chaired by Pat Johnson

A big **THANK YOU** to **Katherine Trent** and all her bunny helpers that made this year's Easter Egg Hunt a great success. Thanks for the contributions made to this event by The Country Club of The Highlands.

A few of these helpers are pictured on the next page.

Highlands Helpers

Please contact Betsy Zehner at 796-3571 or bobnbetsz@comcast.net or Linda Hawes at 768-0402 or ljhawes@earthlink.net if you need help or know who needs help such as meals, transportation, etc. during times of illness. We all support each other.



The following groups have submitted items for your attention. Please contact the chairpersons of the various groups if you need information about a specific activity.

The Theater and Fine Arts Group would like to invite you to join us for several summers activities.

June 6th, we are going to see the wonderful story and musical play, "The Sound of Music", at The Empire Theater, and it is still time to get tickets.

Sunday, July 11th, we are going to tour the newly expanded, (and we hear-beautiful) Va. Museum of Fine Arts. Along with other exhibits, we will see the 70 piece Tiffany Glass Exhibit that will be shown only here in America! and in Paris, London, and Montreal. I've been told by a representative of the museum that the word to describe this exhibit is exquisite!

On a date to be announced, we are planning a "take me out to the ballgame" outing as our group's summer casual get together. Hope you will come, and add too, and enjoy the fun!

The Tennis Group will start monthly Robins this month. Anyone interested in playing should email Mary Ossowski at maryewo@verizon.net. Matches are held once a month and it is a great way to meet neighbors who enjoy playing tennis.



The Investment Club is looking for new members to join with Ted Soto, the newest member who has earned 30% on his investment in 2 months. Meetings are held at the old club house the 2nd Tuesday of each month from 6:30 until they are done.

The Ping Pong Group will start up this month, tentatively on the 25th. Please contact Dave Seibert at terpdaves@comcast.net if you would like to join in the fun. Watch out for Terry Troxell. He just put in a new table to practice.

The Lucy Core Group continues to visit the facility on the 2nd and 4th Wednesday of each month to play bingo with the residents. Our Bingo Buddies are a lively bunch; lots of experiences to share and wonderful sense of humor to brighten the afternoons. We always have a good time and if you would like to join us please contact Jo Ann Sandelli at joansandelli@hotmail.com or 768-4265; or Susan Gray at suzturtle69@comcast.net or 748-7720.

Boccee Ball

Welcome to the **2010 Bocce Ball season**. Our first get-together will be a **pot luck** and play on **SUNDAY, APRIL 18th at 12:30 p.m.** at the Halloran's (**8336 Regalia Place**). Due to the Championship playoff, we will start this month at **12:30 p.m.** instead of 1:00 p.m.



Chick Flick Club meets monthly to go to the movies. The day varies to accommodate members' busy schedules. We usually go to Commonwealth 20 off Hull Street during the afternoon. We meet at the sales center and carpool from there. If you enjoy romantic comedies and a pleasant afternoon with the girls (no men), contact Susan Siegel at seagullva@aol.com or call 454-1396.

The Handcrafts Group recently had a guided tour of the new Whole Foods Store in Short Pump. The group sampled foods and saw a demonstration on how to make vegetable sushi. The group is still in need of a chairperson, if interested please contact Mike Thompson at mmickelp@aol.com.

The Nifty Fifties...Plus Garden Club started the new year with a presentation on "How to Grow Your Own Fresh Air" by Patty Watts based on the NASA experiment which proved houseplants can eliminate many allergies. The second meeting was a presentation on the Composition and Amendment of VA Soil by Mike Wellman, who works at a local soil lab and is a Master Gardener. Then Pat Serrill presented an overview of the "Grass Roots Program" where the VA Cooperative Extension sends a Master Gardener to your home to do a soil test and thereby you receive a soil analysis. The next month's topic on Pruning was by Pat Serrill, Master Gardener. In addition to a packet of pruning 'how to's' we received a 'when to' pruning calendar (invaluable), Pat Serrill provided a pruning demo on some of Mike and Carol Wellman's shrubs and trees for us - that is he could only prune where the deer

didn't. Now we're prepared to fix our soil and prune our shrubs - it's on to additional topics!!

We, Pat Genco, Patty Watts, and the Garden Club Members wish to thank our speakers and hosts, Mike and Carol Wellman and Pat Serrill for their excellent assistance, expertise and support of our Garden Club. We are always looking for new topics, ideas and suggestions and welcome club member's input. The topics we have prepared for the coming months are ones that were selected mainly from the member survey. For future meetings, the Garden Club has planned a Creative Tablescaping Event, a Healing Garden Tour, and a presentation on Summer Flowers and Their Care, Flower Arranging, and Holiday Decorating With Flowers and Greens. The Garden Club has nearly 30 members and the meetings have been populated with a large percentage of them. We hope to learn much about Gardening from experts from local gardening endeavors and our Master Gardeners.

The Garden Club meets every 3rd Wednesday of the month at 3 PM, normally at the Old Club House. To join or get more information, contact Patty Watts 768-0616 or Pat Genco 748-8793

Men's Lunch Bunch Participation in the Men's Lunch Bunch has been excellent over the past several months and the group continues to find those "out of the way" places to share a couple of hours of laughter and fellowship. For the month of March the group deviated a bit from our restaurant selection and 15 of us met at Tyler's Retreat Rehab Center on Ironbridge RD. to share an hour with one of the group's original founders of the Lunch Bunch, Dan Bergen. Needless to say he was greatly surprised when we all showed up to have lunch with him. We all wish Dan well as he recovers from his recent illness.

BOOK CLUB - the Book Club continues to meet at the Club on Wed mornings about once every 6 weeks. The last few meetings have brought out a good group, which is always good for the discussion and choosing future books to read. If not a member, but interested, contact Aileen Ferrua at feraj@comcast.net .

FOYER GROUP - There are currently 11 groups, of 3 couples per group, going through the Spring 2010 rotation. New groups will be formed for the Fall Rotation in August. Anyone interested in joining the next rotation should contact John Ferrua at feraj@comcast.net .

Mentoring at Harrogate Elementary School



Why do some kids make it and others don't?

The difference has to do with what we call "significant others". Children who succeed in spite of obstacles in their lives usually have a caring and supportive relationship with at least one adult. That significant adult can be a relative, a bank president, a teacher, a janitor, or any other caring adult. **One person CAN make a difference. That person is YOU!**

Mens Poker Night – We meet 1st Friday of the month at the old clubhouse and play a variety of poker games. Below is Aces Dave Seibert and friends during a recent night of fun. Come join us – the more the merrier. Call or e-mail TerryTroxell: 318-9420; tctroxell@gmail.com

